



Board Certified Oral & Maxillofacial Surgeon

Instructions for Sedation/Anesthesia

1. **You may have nothing to eat or drink (including water)** after midnight the night before your scheduled surgery. If you take any routine medications, please check with the oral surgeon prior to your surgical date for instructions.
2. You must be accompanied by a responsible adult who will take you home after your treatment and stay with you the remainder of the treatment day. **This person must come with you to the office and remain here for the entire duration of your treatment.**
3. If you are a minor, you must be accompanied by a parent or legal guardian.
4. Please wear loose fitting clothing, a short sleeve shirt, and low heeled shoes.
5. You must **remove nail polish**. Acrylic nails must be removed.
6. Do not use machinery or drive for 24 hours after surgery. Remember that although you may feel fine, residual effects of the anesthesia may slow your reaction time and we do not want you to hurt yourself or others.
7. Do not take any sleeping or tranquilizing drugs for 24 hours prior to, or 24 hours after surgery.
8. Refrain from using marijuana for 72 hours prior to surgery.
9. Do not use any alcoholic beverages and do not smoke tobacco for 24 hours prior to surgery.
10. If you have any illness, such as a cold, sore throat or upset stomach prior to surgery, please notify the office in advance.
11. If for any reason you need to cancel or reschedule your appointment, please do so no later than 24 hours before your scheduled surgery. Missed or canceled appointments without 24-hour notice will be charged a cancellation fee of \$100.

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Witness Initials: \_\_\_\_\_

